

Lower School Enrichment Classes

Our winter session of enrichment classes for Lower School students offers some old favorites and some exciting new classes! These classes are designed to enhance the learning and growing opportunities for Athens Academy Lower School students.

The classes will meet from 3:25 until 4:25 except for the twirling class which meets on Mondays at 4:30 until 5:30. Enrolled students will be picked up for class in Barrett Hall on the stage. Parents may pick up participants at 4:25 on the curb outside the office or students may go directly to extended day. Students not picked up by 4:35 can will be sent to extended day.

REGISTRATION

Please indicate below which classes your child would like to take and return the form to their teacher. All classes have a student limit, so get your form in as soon as possible. The forms are due by January 11.

You will not need to send payment as you will be billed through the business office. You will be sent confirmation of your child's class/classes either with a note or through e-mail. Please e-mail Carol Deaton at cdeaton@athensacademy.org with any questions or concerns.

Child's name _____

Grade/Teacher _____

Monday 3:25-4:25

Video Broadcast	_____	\$90.00
Magical Music	_____	\$90.00
Drama	_____	\$90.00
Twirling (4:30-5:30)	_____	\$90.00

Tuesday 3:25-4:25

Creative Dance	_____	\$90.00
Hiking	_____	\$90.00
Jammin' with Jason	_____	\$90.00

Wednesday 3:25-4:25

Knitting	_____	\$90.00
Cheerleading	_____	\$90.00
Sporting Fun	_____	\$90.00

Thursday 3:25-4:25

M, m, m Good Cooking	_____	\$90.00
Yoga	_____	\$90.00
Art	_____	\$90.00

Total number of classes: _____

Total Cost: _____

Parent's Signature _____

Parent's email _____

Lower School Enrichment Classes

3:25-4:25

WEDNESDAY

Knitting

Instructor: Elizabeth Hodgson

(Knitting genius!)

Cost: \$90.00 **Limit:** 10 Students

Eight Weeks: January 18-March 7

Come join the fun making knitted creations with Miss Elizabeth Hodgson. Beginners will be working with simple shapes and sizes such as making a belt, scarf, decorative dish towel, dish cloth or pot holder. Experienced knitters will choose a project of interest to them and their abilities.

Cheerleading

Instructor: Traci Raines (1st Grade Aide)

Cost: \$90.00 **Limit:** 10 Students

Eight Weeks: January 18-March 7

Does your child have Spartan Spirit? Join Ms. Raines to learn fun new cheers, chants and dances to show that school spirit. Ms. Raines was a UGA Georgette and performed with the Redcoat Band at home and away football games. She was even Captain during her senior year. Now she is excited to teach your child how to cheer on the Spartans. Goooooooooooo Spartans!

Sporting Fun

Instructor: Lisa Sheppard

(AA Graduate)

Cost: \$90.00 **Limit:** 15 Students

Eight Weeks: January 18-March 7

Do you like to throw, hit, catch, run, jump (really high – Lisa was our state winner in the pole vault!). You will learn the fundamentals of several team sports and develop skills to both enjoy and be successful in participating in sports events. If you are ready for running and action, this is the class for you!

THURSDAY

M, m, m Good Cooking

Instructor: Jennifer Brugh

(Cake Pop expert! & home ec. teacher)

Cost: \$90 **Limit:** 10 students

Eight Weeks: January 19–March 8

Are you tired of the same old snacks? Come make something new and exciting! You will fix new snacks, create edible crafts, and other yummy things to eat. Good nutrition, kitchen safety, and table etiquette will also be a part of your fun afternoon!



Yoga Sprouts

Instructor: Rachel Greb

(Certified Yoga Instructor)

Cost: \$90.00 **Limit:** 10 Students

Eight Weeks: January 19-March 8

In this exciting yoga class students will use, fun, playful poses and breathing exercises to develop a feeling of well-being and help develop physical strength as well as flexibility. This will cultivate confidence and self-esteem while enhancing relaxation and self-control. This time-honored activity can reduce hyperactivity while increasing cognitive and motor skills.

Art

Instructor: Pints and Paints

Cost: \$90.00 **Limit:** 10 students

Eight Weeks: January 19-March 8

These classes will be a progression of art history and art making in which the students will learn a new artist and technique each week contributing to an overall theme such as modern art. Canvas, paint, sand, wire, and other various forms of materials will be used in exploring multiple forms of art. Students will be encouraged to draw outside the lines, think outside the box, and have a great time!

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3:25 – 4:25

MONDAY

See Middle School information for Monday Twirling!

Video Broadcast

Instructor: Mike Callinan

US Media Education

Cost: \$90.00 **Limit:** 10 Students

Eight Weeks: January 23-March 26

(no class February 20)

Learn about video excellence from a master! You will have the opportunity to learn techniques, write, and video a short broadcast to be shown with the basketball games. Let your voice be heard around the world!



Magical Music

Instructor: Jennifer Bailey (Former

Redcoat Band member & teacher)

Cost: \$90.00 **Limit:** 10 Students

Eight Weeks: January 23-March 26

(no class February 20)

Learn to make music magic! Music sets the mood in movies and television. What is your pleasure – ghosts, adventure, fantasy, romance – you can set the mood as you learn to make magic with music!



Drama

Instructor: Elizabeth Hodgson

A natural dramatist!

Cost: \$90.00 **Limit:** 10 Students

Eight Weeks: January 23-March 26

(no class February 20)

Having fun with drama is a great way to prepare for classroom reports, presentations, and even future job interviews! Students will develop voice, self-expression, confidence, and imagination. There will be solo work, pantomimes, drama games, and group presentations. Come be dramatic with your friends!

TUESDAY

Creative Dance

Instructor: Lauren Edmunds

(Certified Dance Instructor)

Cost: \$90.00 **Limit:** 10 Students

Eight Weeks: January 17-March 6

Students will explore different types of movement and dance. Ballet, Jazz, Theatrical Dance and Modern Dance will be the styles explored. The dancers will have fun making different shapes and acting out characters through dance. This is a great way to develop good posture and the ability to control your body!

Hiking

Instructor: Dena Mehalakes

(Substitute teacher, LS and MS)

Cost: \$90.00 **Limit:** 10 Students

Eight Weeks: January 17-March 6

If you like to explore the outdoors, this class is for you! We will walk around campus, through the woods, around the lakes, and look for interesting plants, animals, and other signs of nature! Dress for the outdoors and come prepared to look around you!

Jammin' with Jason

Instructor: Jason Gridley

Professional guitarist

Cost: \$90.00 **Limit:** 6 Students

Eight Weeks: January 17-March 6

Students will love this class! They will learn the basics of playing guitar with contemporary lessons which will cover basic chords, strumming, how to hold, and how to care for the guitar. First Act, Johnson, and Yamaha are three inexpensive brands that offer smaller scale models for smaller hands.

Come enjoy jammin' with your friends!