

SET YOUR PR! SUPER FAST COURSE WITH BIG DOWNHILL FINISH

SPARTAN 5K/SPARTAN SPRINT (1 mile fun run)

25th Annual Road Race Saturday, February 13, 2010
 ATHENS ACADEMY • 1281 Spartan Lane • Athens, GA



LAKE OCONEE ORAL SURGERY
& DENTAL IMPLANT CENTER

Time/Date

February 13, 2010
 5K Run/Walk - 9 a.m.
 Spartan Sprint - 10 a.m.



T-shirts

Official 2010 cotton Spartan 5K t-shirt for all pre-registered participants and while supplies last to late registrants.

Location

South of Athens on US 441. Athens Academy campus and surrounding neighborhood. Look for signs.



Awards

Hand painted earthenware to overall male and female winner/masters male and female and to the first three male and female finishers in each age group.

Course

Super Fast- Big Downhill finish! Large digital clock at finish. Spartan 5K is part of the Run and See Georgia Series. Results posted on www.runningintheUSA.com

Entry Fees

\$15 pre-registered - postmarked by 1/31/10
 \$20 thereafter and on race day
 \$50 Family Rate: Pre-registered and by mail ONLY!
 Race day registration/race packet pick-up 7:15 a.m.

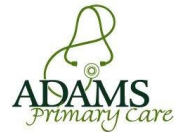


Age Groups

Men and Women 5K		
10 & under	30 - 34	55 - 59
11 - 14	35 - 39	60 - 64
15 - 19	40 - 44	65 - 69
20 - 24	45 - 49	70 - 74
25 - 29	50 - 54	75 - over



Come early - You will be bused to the start



Rebecca Chisolm, Realtor
 706.614.1956 706.613.6040



For more information check our website www.athensacademy.org or call Athens Academy 706-549-9225, Will Chamberlin, 706-769-6593
 Registration is also available on www.active.com. (Cannot register for family rate on active.com)

OFFICIAL ENTRY FORM

Name _____ Age _____ Sex _____ HR teacher _____

Address _____

City _____ State _____ Zip _____ E-Mail _____

I Plan to Run/Walk in the () 5K () Sprint Run () Phantom Runner (you receive only a t-shirt)

Shirt Size: (Circle One) Youth: M L Adult: S M L XL XXL

All checks payable to: **Spartan 5K**

To charge-Please circle one: (Visa or Mastercard) Card # _____ exp. date _____

Signature _____ Mail to: Spartan 5K • P.O. Box 6548 • Athens, GA 30604

Waiver: In consideration of acceptance of this entry, I waive any and all claims for myself and my heirs against officials and sponsors of the 2010 Spartan 5K and Spartan Sprint for injury or illness which may result directly or indirectly from my participation. I further state that I am in proper condition to participate in this event. I hereby grant full permission to Athens Academy to use photographs, videotapes, motion pictures, recordings or any other record of this event for any legitimate purpose.

Runner's signature _____

Parent or guardian (if under 18) _____